



Child Crisis Arizona &  
Chandler Unified School District

# Workshops

All workshops are held at Frye Elementary School  
801 E. Frye Rd, Chandler, AZ 85225

## Managing Stress as a Parent

9/6

5-7pm

Stress effects all aspects of our lives, including parenting. Explore healthy strategies to manage stress and create a plan to enhance your current parenting practices.

## Positive Discipline and Guidance

10/18

5-7pm

Positive discipline techniques promote behavior control, self-esteem, and self-worth. Learn how to pro-actively encourage the behavior you want to see with these positive parenting strategies.

## Raising Emotionally Intelligent Children

11/8

5-7pm

Social emotional development in children is crucial to a child's ability to survive and thrive. Together, we explore the foundation of emotional health and literacy as well as strategies to support social and emotional development from early childhood through teen years.

For more information contact Child Crisis Arizona  
at 480-834-9424 or email  
[classregistration@childcrisisaz.org](mailto:classregistration@childcrisisaz.org).

Pre-Register online at  
[register.communitypass.net](http://register.communitypass.net/ChildCrisisArizona)  
[/ChildCrisisArizona](http://ChildCrisisArizona).



Child Crisis Arizona  
*Safe kids. Strong families.*

[CHILDCRISISAZ.ORG](http://CHILDCRISISAZ.ORG)



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